

# FIGURE SKATING FREESTYLE SESSIONS SCHEDULE

MONDAY, AUGUST 15TH - FRIDAY, AUGUST 19TH

## MONDAY 8/15

BLUE RINK	
7:15-8:00AM	FSO
8:00-8:45AM	FSO
8:45-9:30AM	NOV-SEN FS
ICE MAKE 9:30-9:45AM	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-INT FS
ICE MAKE 11:15-11:30AM	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-INT FS
ICE MAKE 1:00-1:15PM	
1:15-2:15PM	PrePre-INT FS
2:15-3:15PM	FSO/B/A/D
ICE MAKE 3:15-3:30PM	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

RED RINK	
11:00-12:00PM	FSO/B/A/D
12:00-1:00PM	FSO/B/A/D
1:00-2:00PM	FSO/B/A/D

## TUESDAY 8/16

BLUE RINK	
NO MORNING SESSIONS	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
3:15-4:00PM	PrePre-SEN FS

RED RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
ICE MAKE 2:45-3:00PM	
3:00-4:00PM	FSO/B/A/D
4:00-4:45PM	FSO/B
4:45-5:30PM	FSO/B

## WEDNESDAY 8/17

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
ICE MAKE 3:15-3:30PM	
3:30-4:15PM	PrePre-SEN FS
4:15-5:00PM	PrePre-SEN FS
5:00-5:45PM	PrePre-SEN FS

RED RINK	
12:30-1:30PM	FSO/B/A/D
1:30-2:30PM	FSO/B/A/D
2:30-3:30PM	FSO/B/A/D
ICE MAKE 3:30-3:45PM	
3:45-4:45PM	FSO/B/A/D
4:45-5:45PM	FSO/B/A/D

## THURSDAY 8/18

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
3:15-4:00PM	PrePre-SEN FS

RED RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
ICE MAKE 2:45-3:00PM	
3:00-4:00PM	FSO/B/A/D
4:00-4:45PM	FSO/B

## FRIDAY 8/19

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
12:30-1:30PM	FSO/B/A/D
1:30-2:30PM	FSO/B/A/D
2:30-3:30PM	FSO/B/A/D
ICE MAKE 3:30-3:45PM	
3:45-4:45PM	FSO/B/A/D
4:45-5:45PM	FSO/B

RED RINK	
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
3:15-4:00PM	PrePre-SEN FS
4:00-4:45PM	PrePre-SEN FS

**SELECT SESSION TYPE OPTIONS**  
(use the below options when purchasing sessions)

FSO/B/A/D - 60 MIN  
 FSO - 45 MIN  
 FSO/B - 45 MIN  
 FSO/B - 60 MIN  
 Prel-INT FS - 45 MIN  
 PrePre-INT FS - 60 MIN  
 PrePre-SEN FS - 45 MIN  
 INT-SEN FS - 45 MIN  
 NOV-SEN FS - 45 MIN  
 JUV-SEN FS - 45 MIN

**LEVEL BREAKDOWN**

**O** ~ Open: Freestyle 4-Senior  
**B** ~ Beginner: Snowplow Sam 2-Freestyle 4  
**A** ~ Adults  
**D** ~ Ice Dance  
**JUV-SEN** ~ Juvenile-Senior

**Prel-INT** ~ Preliminary-Intermediate  
**PrePre-INT** ~ PrePreliminary-Intermediate  
**INT-SEN** ~ Intermediate-Senior  
**NOV-SEN** ~ Novice-Senior  
**PrePre-SEN** ~ PrePreliminary-Senior