

# FIGURE SKATING FREESTYLE SESSIONS SCHEDULE

MONDAY, AUGUST 8TH - FRIDAY, AUGUST 12TH

## MONDAY 8/8

BLUE RINK	
7:15-8:00AM	FSO
8:00-8:45AM	FSO
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-INT FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-INT FS
<i>ICE MAKE 1:00-1:15PM</i>	
1:15-2:15PM	PrePre-INT FS
2:15-3:15PM	FSO/B/A/D
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

## TUESDAY 8/9

BLUE RINK	
7:00-7:45AM	FSO
7:45-8:30AM	FSO
8:30-8:45AM	EDGE H
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-INT FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-INT FS
1:00-1:45PM	PrePre-INT FS

## WEDNESDAY 8/10

BLUE RINK	
7:15-8:00AM	FSO
8:00-8:45AM	FSO
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-INT FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-INT FS
<i>ICE MAKE 1:00-1:15PM</i>	
1:15-2:15PM	PrePre-INT FS
2:15-3:15PM	FSO/B/A/D
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

## THURSDAY 8/11

BLUE RINK	
7:00-7:45AM	FSO
7:45-8:30AM	FSO
8:30-8:45AM	EDGE H
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-INT FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-INT FS
1:00-1:45PM	PrePre-INT FS

## FRIDAY 8/12

BLUE RINK	
RMFSC TEST SESSION	
7:00-1:00PM	
1:15-2:15PM	FSO/B/A/D
2:15-3:15PM	FSO/B/A/D
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

RED RINK	
11:00-12:00PM	FSO/B/A/D
12:00-1:00PM	FSO/B/A/D
1:00-2:00PM	FSO/B/A/D

RED RINK	
11:15-11:30AM	EDGE M/L
11:30-12:30PM	FSO/B/A/D
12:30-1:30PM	FSO/B/A/D
<i>ICE MAKE 1:30-1:45PM</i>	
1:45-2:45PM	FSO/B/A/D
2:45-3:45PM	FSO/B/A/D
3:45-4:45PM	FSO/B/A/D

RED RINK	
11:00-12:00PM	FSO/B/A/D
12:00-1:00PM	FSO/B/A/D
1:00-2:00PM	FSO/B/A/D

RED RINK	
11:15-11:30AM	EDGE M/L
11:30-12:30PM	FSO/B/A/D
12:30-1:30PM	FSO/B/A/D
<i>ICE MAKE 1:30-1:45PM</i>	
1:45-2:45PM	FSO/B/A/D
2:45-3:45PM	FSO/B/A/D
3:45-4:45PM	FSO/B/A/D

RED RINK	
8:00-8:45AM	FSO
8:45-9:30AM	NOV-SEN FS
<i>ICE MAKE 9:30-9:45AM</i>	
9:45-10:30AM	NOV-SEN FS
10:30-11:15AM	Prel-INT FS
<i>ICE MAKE 11:15-11:30AM</i>	
11:30-12:15PM	INT-SEN FS
12:15-1:00PM	Prel-INT FS

### SELECT SESSION TYPE OPTIONS

(use the below options when purchasing sessions)

FSO/B/A/D - 60 MIN  
 FSO - 45 MIN  
 Prel-INT FS - 45 MIN  
 PrePre-INT FS - 45 MIN  
 PrePre-INT FS - 60 MIN  
 INT-SEN FS - 45 MIN  
 PrePre-SEN FS - 45 MIN  
 NOV-SEN FS - 45 MIN  
 EDGE H - 15 MIN  
 EDGE M/L - 15 MIN

### LEVEL BREAKDOWN

**O** ~ Open: Freestyle 4-Senior  
**B** ~ Beginner: Snowplow Sam 2-Freestyle 4  
**A** ~ Adults  
**D** ~ Ice Dance  
**EDGE H** ~ Novice-Senior  
**PrePre-SEN** ~ PrePreliminary-Senior  
**Prel-INT** ~ Preliminary-Intermediate  
**PrePre-Int** ~ PrePreliminary-Intermediate  
**INT-SEN** ~ Intermediate-Senior  
**NOV-SEN** ~ Novice-Senior  
**EDGE M/L** ~ PrePreliminary-Intermediate