

FIGURE SKATING FREESTYLE SESSIONS SCHEDULE

MONDAY, MAY 16TH - SATURDAY, MAY 21ST

MONDAY 5/16

TUESDAY 5/17

WEDNESDAY 5/18

THURSDAY 5/19

FRIDAY 5/20

SATURDAY 5/21

BLUE RINK	
NO MORNING SESSIONS	
<i>BREAK (ICE MAKE)</i>	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:15PM	PrePre-SEN FS
4:15-5:00PM	PrePre-SEN FS
5:00-6:00PM	FSO/B/A/D

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK (ICE MAKE)</i>	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:15PM	PrePre-SEN FS
4:15-5:00PM	PrePre-SEN FS

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK (ICE MAKE)</i>	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
3:15-4:00PM	Pre-Pre-SEN FS

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK (ICE MAKE)</i>	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:15PM	PrePre-SEN FS
4:15-5:00PM	PrePre-SEN FS

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
<i>BREAK (ICE MAKE)</i>	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
<i>ICE MAKE 3:15-3:30PM</i>	
3:30-4:15PM	PrePre-SEN FS
4:15-5:00PM	PrePre-SEN FS
5:00-6:00PM	FSO/B/A/D

GREEN RINK	
8:00-8:45AM	PrePre-SEN FS
RMFSA ASPIRE PROGRAM	
9:00-9:45AM	

GREEN RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/A/D
4:00-5:00PM	FSO/B/A/D

GREEN RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/A/D
4:00-5:00PM	FSO/B/A/D

RED RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/A/D
4:00-4:45PM	FSO/B

GREEN RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/A/D
4:00-5:00PM	FSO/B/A/D

GREEN RINK	
12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
<i>ICE MAKE 2:45-3:00PM</i>	
3:00-4:00PM	FSO/B/A/D
4:00-5:00PM	FSO/B/A/D

RED RINK	
7:15-8:00AM	FSO/B/A/D
8:00-8:45AM	FSO/B/A/D
8:45-9:30AM	FSO/B/A/D

Skaters must have tested and passed the required Freestyle level to skate on the session

LEVEL BREAKDOWN
O ~ Open: Freestyle 4-Senior
B ~ Beginner: Snowplow Sam 2-Freestyle 4
A ~ Adults
D ~ Ice Dance
PrePre-SEN ~ PrePreliminary-Senior
JUV-SEN ~ Juvenile-Senior
INT-SEN ~ Intermediate-Senior
Prel-SEN ~ Preliminary-Senior

SELECT SESSION TYPE OPTIONS
(use the below options when purchasing sessions)
FSO/B/A/D - 60 MIN
FSO/B/A/D - 45 MIN
FSO/B - 60 MIN
FSO/B - 45 MIN
FSO - 45 MIN
INT-Senior FS - 45 MIN
JUV-Senior FS - 45 MIN
JUV-Senior FS - 60 MIN
PrePre-Senior FS - 60 MIN
PrePre-Senior FS - 45 MIN