

# FIGURE SKATING FREESTYLE SESSIONS SCHEDULE

## WINTER 2023 - EFFECTIVE TUESDAY, JANUARY 3RD 2023

**ADJUSTED DATES**  
 January 13th, January 16th,  
 February 20th,  
 March 10th, March 11th,  
 March 20th - March 25th  
 RMFSC Test Sessions dates TBA

### MONDAY

BLUE RINK	
NO MORNING SESSIONS	
1:00-2:00PM INT-SEN FS	
2:00-2:45PM JUV-SEN FS	
2:45-3:30PM JUV-SEN FS	
ICE MAKE 3:30-3:45PM	
3:45-4:45PM PrePre-SEN FS	
4:45-5:45PM PrePre-SEN FS	

### TUESDAY

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
1:00-2:00PM	INT-SEN FS
2:00-2:45PM	JUV-SEN FS
ICE MAKE 2:45-3:00PM	
3:00-3:45PM	PrePre-SEN FS
3:45-4:45PM	PrePre-SEN FS

### WEDNESDAY

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
3:15-4:00PM	Pre-Pre-SEN FS

### THURSDAY

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
1:00-1:45PM	INT-SEN FS
1:45-2:30PM	JUV-SEN FS
2:30-3:15PM	JUV-SEN FS
3:15-4:00PM	PrePre-SEN FS

### FRIDAY

BLUE RINK	
6:15-7:00AM	FSO
7:00-7:45AM	FSO
7:45-8:30AM	FSO
BREAK (ICE MAKE)	
1:30-2:30PM	FSO/B/A/D
2:30-3:30PM	FSO/B/A/D
ICE MAKE 3:30-3:45PM	
3:45-4:45PM	FSO/B/A/D
4:45-5:45PM	FSO/B

### SATURDAY

GREEN RINK	
8:00-8:45AM	PrePre-SEN FS
9:00-9:45AM	ASPIRE *
BEGINS JAN. 7TH	

### RED RINK

12:15-1:15PM	FSO/B/A/D
1:15-2:15PM	FSO/B/A/D
2:15-3:15PM	FSO/B/A/D
ICE MAKE 3:15-3:30PM	
3:30-4:30PM	FSO/B/A/D
4:30-5:30PM	FSO/B/A/D

### RED RINK

1:30-2:30PM	FSO/B/A/D
2:30-3:30PM	FSO/B/A/D
ICE MAKE 3:30-3:45PM	
3:45-4:45PM	FSO/B/A/D
4:45-5:45PM	FSO/B

### RED RINK

12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
ICE MAKE 2:45-3:00PM	
3:00-4:00PM	FSO/B/A/D
4:00-4:45PM	FSO
4:45-5:30PM	FSO/B

### RED RINK

12:45-1:45PM	FSO/B/A/D
1:45-2:45PM	FSO/B/A/D
ICE MAKE 2:45-3:00PM	
3:00-4:00PM	FSO/B/A/D
4:00-4:45PM	FSO
4:45-5:45PM	FSO/B

### RED RINK

1:00-2:00PM	INT-SEN FS
2:00-2:45PM	JUV-SEN FS
ICE MAKE 2:45-3:00PM	
3:00-3:45PM	PrePre-SEN FS
3:45-4:30PM	PrePre-SEN FS

### RED RINK

7:15-8:00AM	FSO/B/A/D
8:00-8:45AM	FSO/B/A/D
8:45-9:30AM	FSO/B/A/D

#### \* RMFSA ASPIRE CLASS

Register for a full 6-week session or drop-in each week. Drop-in fee is \$23.00/class.

Winter Session: 1/7, 1/14, 1/21, 1/28, 2/4, & 2/11

Spring 1 Session: 2/25, 3/4, 3/11, 3/18, 4/1, & 4/8 (no class on 3/25)

**Skaters must have tested and passed the required Freestyle level to skate on the session**

#### LEVEL BREAKDOWN

- O** ~ Open: Freestyle 4-Senior
- B** ~ Beginner: Snowplow Sam 2-Freestyle 4
- A** ~ Adults
- D** ~ Ice Dance
- PrePre-SEN** ~ PrePreliminary-Senior
- INT-SEN** ~ Intermediate-Senior
- JUV-SEN** ~ Juvenile-Senior

\* all skaters must have their own figure skates and be in figure skating attire on our figure skating freestyle sessions.

#### SELECT SESSION TYPE OPTIONS

(use the below options when purchasing sessions)

- FSO/B/A/D - 60 MIN
- FSO/B/A/D - 45 MIN
- FSO/B - 60 MIN
- FSO/B - 45 MIN
- FSO - 45 MIN
- INT-SEN - 45 MIN
- INT-SEN - 60 MIN
- JUV-SEN FS - 45 MIN
- PREPRE-SEN FS - 60 MIN
- PREPRE-SEN FS - 45 MIN

**\*\*\*WE RECOMMEND SKATERS TO ENROLL ONLINE EARLY FOR THE LATE AFTERNOON SESSIONS TO GUARANTEE THEIR SPOT - THOSE SESSIONS MAY SELL OUT**